# New Jersey State Cancer Registry Data Brief Hodgkin Lymphoma Incidence Rates by Gender and Age Group 

Hodgkin Lymphoma Incidence Rates by Gender and Age Group in NJ (1995-2014)


Age Group (Years)
${ }^{\wedge}$ Average Annual Rates are per 100,000. *Rates for children under the age of 5 are not shown due to small numbers. Source: New Jersey State Cancer Reaistry March 2017 analytic file.

- The distribution of Hodgkin Lymphoma (HL or "Hodgkin's Disease") is age related and bimodal (two-peaks), with the first peak occurring in early adulthood (especially in individuals ages 20-29 years), and again in late adulthood ( 55 years and older) ${ }^{2}$.
- HL is rare, especially in children. Generally speaking, HL occurs more often in males than in females.
- The most recent 5 -year (2010-2014) average annual incidence rates for males ages 20-29 and 55 and older were 4.9 and 5.1 per 100,000 persons, respectively. For females, the rates were 5.2 and 3.3 , respectively.
- The overall incidence of HL has remained stable over the past two decades (1995-2014). However, there have been dramatic improvements in survival. Mortality from HL overall has declined by $4.2 \%$ annually during this time period. Mortality rates are half what they were two decades ago; dropping from 0.6 per 100,000 in 1995 to 0.3 per 100,000 in 2014.
- When viewed under a microscope, the presence of a specific type of white blood cell called ReedSternberg cell is what makes HL different from Non-Hodgkin Lymphoma (NHL).
- The causes of HL remain largely unknown, although mononucleosis ("mono"), an infection caused by Epstein-Barr virus (EBV), has been associated with an increased risk of HL, but its role in HL development over a person's lifetime is unclear, and the risk posed by EBV infection remains small ${ }^{2}$.

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References:

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