Healthy New Jersey 2030 Overview for the New Jersey Climate Change Alliance Public Health Workgroup

March 21, 2022

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Agenda

What is Healthy New Jersey?

Development Phase I

Development Phase II

Implementation and Evaluation
Healthy New Jersey

- Initiative focused on identifying and addressing NJ residents’ **priority health needs**.
- Uses two, ongoing statewide collaborative processes:
  - [State Health Assessment](https://healthy.nj.gov/2030/about/faqs/index.shtml?open=abouthnj)
  - [State Health Improvement Plan](https://healthy.nj.gov/2030/about/faqs/index.shtml?open=abouthnj)
- Organized into Topic Areas designed to serve as the framework for addressing the underlying, contributing factors of **health inequities** and to **improve health and well-being** of all people.
- Consists of **action plans** to achieve broad goals and **SMART objectives** to measure their success.
- Modeled after the national [Healthy People](https://healthy.nj.gov/2030/about/faqs/index.shtml?open=abouthnj) initiative and entering its fourth decade.
DEVELOPMENT PHASE I

2017-2021
Accomplishments

• 2017: Core team began preliminary work
• 2019: DOH coordinating committee formed
  • Adopted and adapted Healthy People 2030 framework
  • Recruited initial Advisory Council members
• 2019: Advisory Council established
  • Developed 4 Topic Areas and 3 Cross-Cutting Issues
• 2020: Action Teams formed (one per Topic Area)
  • Refined the scope of and determined the priority areas for the four Topic Areas.
  • Identified relevant health improvement action plans already in use in New Jersey.
  • Assessed the published plans collectively to identify gaps.
• 2020-2021: Community Conversations
• 2021: Recruited new members for all workgroups
Phase I Workgroups

Coordinating Committee & Advisory Council

Action Team
- 11 members

Action Team
- 16 members

Action Team
- 26 members

Action Team
- 15 members

Number of members in each circle. Some members are on more than one team.

https://healthy.nj.gov/2030/about/workgroups/
HNJ2030 Framework

**Vision**
A society in which all people can achieve their full potential for health and well-being across the lifespan.

**Mission**
To promote, strengthen, and evaluate the State’s efforts to improve the health and well-being of all people.

**Foundation Principle**
Attain health and well-being for all people.

**Overarching Goals**
- Eliminate health disparities, achieve health equity, and attain health literacy
- Create social, physical, and economic environments that promote health and well-being
- Healthy development, healthy behaviors, and well-being across all life stages

**Action Plan/Stakeholders**
- Full stakeholder involvement
- Share and support programs and policies that are scalable and sustainable
- Set goals and objectives to support policies, programs, and actions to improve health and well-being
- Identify and cultivate opportunities and resources for increasing health equity
- Highlight critical needs to stimulate research and innovation
HNJ2030’s Foundation Principle

Attain health and well-being for all people.

**Health** refers to a person’s physical and mental condition.

**Well-being** encompasses many aspects of life, including physical, mental, emotional, social, financial, occupational, intellectual, and spiritual.
Community Conversations

- Community Conversations: Pandemic Perspectives, New Jersey’s COVID-19 Storytelling Project
- Personal accounts of 580+ NJ residents during the pandemic
- Community input for HNJ2030
- More info:  https://www.njymca.org/communityconversations
## Nine Themes Emerged

### Mental Health
- Negative Mental Health Outcomes
- Positive Outlook
- Resilience
- Secondary Suffering/Trauma
- Self-Care Strategies
- Religion/Spirituality

### Social & Economic Factors
- Education
- Digital Divide
- Employment
- Financial (In)stability

### Clinical Care & Healthcare
- Access to Care
- Quality of Care
- Maternal Health
- COVID-19 Health Behaviors

### Socialization
- Social Re-Connect
- Social Disconnect
- Relationships

### Perceptions from Residents and Societal Views/Responses
- Frustration with Lack of Adherence
- Perceived Politicization of Recommended Public Health Response
- View of New Jersey Response to the COVID-19 Pandemic
- View of the Federal Response to the COVID-19 Pandemic

### Those Left Out of the Virus Response
- Communities of Color & Minoritized Individuals
- Disabled Individuals
- Homeless Individuals
- Language as a Barrier
- Low-income Communities
- Low-income Individuals
- Older Persons
- Undocumented Individuals
- Veterans

### Resources Needed and Recommendations
- Resources Needed
- Actionable Items from Residents

### Vaccine for COVID-19

### Physical Environment
- Housing
- Transit

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2022

DEVELOPMENT PHASE II
HNJ2030 Priority Areas

Health Care
- Equitable and sustainable access
- Quality and safety
- Integration and coordination
- Technology

Healthy Communities
- Equitable access to resources and conditions
- Inclusive and just systems, resources, and policies

Healthy Families
- Maternal and infant health
- Childhood vaccination
- Family issues
- STIs

Healthy Living
- Clinical preventive services
- Injury and violence
- Healthy eating and active living
- Behavioral health

Equity and Resilience
https://healthy.nj.gov/2030/topics-objectives/
Phase II Workgroups

- **Advisory Council**
  - Health Care
    - Equitable & sustainable access
    - Quality & safety
    - Health care integration
    - Health IT
  - Healthy Communities
    - Equitable access to resources
    - Inclusive and just systems
  - Healthy Families
    - Maternal & infant health
    - Childhood vaccination
    - Family issues
    - STIs
  - Healthy Living
    - Clinical preventive services
    - Injury & violence
    - Healthy eating & active living
    - Behavioral health

https://healthy.nj.gov/2030/about/workgroups/
2022: Action Teams

- Action Teams
  - Create a **goal** for each priority area in the four Topic Areas.
  - **Review** quantitative data, existing plans, and community input from Community Conversations.
  - Develop **action plans** to achieve those goals.
  - Establish specific, measurable, achievable, realistic, time-bound (SMART) **objectives** to measure success.
  - Set **target values** to be reached by 2030 for those objectives (based on Healthy People guidelines).

Collectively, the action plans will become the next **State Health Improvement Plan** and the objectives will be used for **State Health Assessment**.

https://healthy.nj.gov/2030/about/development/index.shtml#phase2
2022: Advisory Council & Coordinating Committee

- Make recommendations for action plan content, objectives, and targets
- Create rubric for action plan review
- Review/edit and approve action plan drafts, draft objectives, and proposed targets
- Coordinate DOH senior staff and governor’s office approval
- Combine all into the next State Health Improvement Plan

https://healthy.nj.gov/2030/about/workgroups/
2023-2030: Implementation Phase

• Implement the action plans
• Track progress of plans
• Track objectives by updating data annually on public dashboard
• Course correction as needed
Website: healthy.nj.gov

Email: Contact us