Healthy Families Action Team Meeting 2 Notes  
August 20, 2020

Attendance  
Alysia Mastrangelo  
Andrea Mahon  
Barbara Bolden  
Marissa Davis  
Linda Sloan Locke  
Hannah Korn-Heilner for Cecilia Zalkind  
Debbie Nazzaro  
Ellen Maughan  
Jessica Lipper  
Joanne Rosen  
David Krol  
Keri Logosso-Misurell  
Maria Baron  
Merle Weitz  
Tyree Oredein  
Victoria Brogan

Welcome and Context
• Background – HHS Healthy People 2030: healthypeople.gov
• Reviewed 4 “buckets”:
  o Infant, child, and adolescent health (ICAH)  
  o Reproductive health (RH)  
  o Family-friendliness (FF)  
  o Healthy behaviors (HB)

Healthy Families focus area ACT recommendations
• Feedback/comments  
  o Reduce to 3 buckets because “healthy behaviors” spans all?  
  o Create a separate bucket for obesity?  
    ▪ Healthy weight across lifespan  
  o Infant, Child and Adolescent Health  
    ▪ include well baby/child visits,  
    ▪ follow up on “provisional” immunizations (high out of compliance areas)  
    ▪ mental health (group therapy)/substance use disorder (SUD) (vaping under age 18)  
    ▪ adverse childhood experiences (ACEs)  
    ▪ education and support reinforcement of healthy eating  
  o Healthy Behavior  
    ▪ obesity & food sources  
    ▪ SUD, marijuana  
    ▪ motor vehicle accidents  
    ▪ fetal infant development  
  o Family Friendliness  
    ▪ aging out of foster care, homelessness  
    ▪ multigenerational – family values, influence of grandparents  
    ▪ health is housing, how to measure?  
  o Reproductive Health
- STIs, consent, assault prevention, involving men in reproductive health
- Postpartum can be wellness not just depression
- Nurture NJ – doulas and community health workers
- Health Strategic Plan and Breast-Feeding Strategic Plan

**Discussion**

- Healthy Living will be covering nutrition, physical activity, mental health, SUD, and self-care for adults
- Suggestion: Change “healthy behaviors” to “healthy family behaviors” or “healthy relationships”
- Infant mental health – related to ACEs, family relationships, etc.
- Medicaid -? – to measure vaccination, development screenings, etc.
- Chronic disease in children on the rise: autism, asthma, allergies, etc.
- Collaborate with large healthcare systems
- Pass legislation
- Is Healthy Communities ACT going to cover lead poisoning?
- HF can address the developmental impact of things like lead poisoning; access to care, transportation; prisoner have high rate of level poison
- Food: access is Healthy Communities, but the family needs to know how to cook those healthy foods, etc. “Healthy eating” instead of “nutrition” for the Healthy Families aspect of it; economic impact of getting food.
- Maria Baron to reach out to Denise Anderson

- Plans & Policy discussion (ran out of time)
- Cross cutting strategies: (ran out of time)
  1. Equity
  2. Policy
  3. Resilience