Healthy New Jersey 2020 (HNJ2030) Healthy Living Action Team

Meeting Agenda

November 5, 2020, 10:00 – 11:30 am

Zoom

Participants:

**ACT Members:** Diane Litterer (N.J. Prevention Network); Carolyn Beauchamp and Barbara Johnston (Mental Health Association of NJ); Laura Cerutti (TransOptions); Nicole Nazy (Morristown Medical Center); Eva Mancheno (Food Bank of New Jersey); Meredith Yorkin (Hackensack Meridian at Pascack Valley Medical Center)

**NJDOH Liaison Members:** Maria Baron (Healthy New Jersey); Nashon Hornsby (Division of Community Health Services)

**HNJ2030 Advisory Council Members:** Alycia Bayne (NORC); John Sarno (Employers Association of NJ); Sherry Dolan (Capital Health System)

Meeting Minutes:

I. **Update on Community Conversations**
   - 54 conversations have been uploaded
   - 46 currently in progress
   - Mostly in the form of interviews (some focus groups and creative submissions)
   - Spanish translations of forms available on websites
   - Need more connections to rural counties, especially Salem, Sussex, and Warren
   - Planning to extend the story collection deadline, with early February in mind
   - New timeline will allow greater reach into areas that have had lower representation thus far
   - Next update in mid-November
   - Questions?
     i. Julia Wieczorek, Program Administrator VISTA, New Jersey YMCA State Alliance phone: 609-337-5352 Julia.Wieczorek@yalliance.org www.njymca.org

II. **Next Steps for Subcommittees**
   - Refine **Topic Area** scope
     i. **Action Teams** will determine the focus issues of the four Topic Areas.
     ii. Identify relevant health improvement action plans already in use in New Jersey.
     iii. Assess the published plans collectively to identify gaps.
   - Community collaboration
     i. Deploy online surveys and interview community partners to collect crucial information from priority populations around the state about how they were and are affected by COVID-19.
   - Objectives, targets, and action plans
     i. Use quantitative state public health data as well as the qualitative information gathered from the surveys and interviews to establish **specific, measurable, achievable, realistic, time-bound (SMART) objectives.**
ii. Set target values to be reached by 2030 for those objectives based on Healthy People guidelines.

iii. Develop new action plans to fill identified gaps between existing plans.

iv. Collectively, the action plans will become the next State Health Improvement Plan and the objectives will be used for State Health Assessment

- Showcase HNJ2030 development activities at the joint Population Health Summit/Culture of Health Conference (2021)

III. Timeline

- Meet with subcommittees once before December meeting:
  i. Revisit the focus issues we have prioritized
  ii. Identify relevant health improvement action plans already in use in New Jersey.
  iii. Assess the published plans collectively to identify gaps

IV. Member Updates

- Concern about vulnerable populations who are socially isolated, do not have access to technology/need technology support
- Need to identify ways to connect people with technology
- People are accessing health care services, though not at the level pre-COVID-19
- Uptick in COVID-19 cases in NJ
- Concern about food insecurity in NJ
- “COVID-positive shifts” in the hospital: COVID positive cases moved to a specific area of the hospital and on a specific shift for treatment to reduce possibility of cross-contamination
- Importance of educating patients about the importance of wearing masks, taking precautions to stay as safe as possible
- Moving programs online
- Community organizations are providing people with bicycle helmets and reflective items for people who need to travel to work to increase visibility
- The NJ 2020 Strategic Highway Safety Plan has been released
- Extremely busy providing telehealth services
- Importance of workforce training for the next generation of population health leaders
- We are doing a lot of testing in NJ; there are different standards of testing provided throughout the state
- Capital Health System has a hospital-based violence prevention program to support trauma victims; provides wrap-around community support services to break the spiral of violence in Trenton

V. Next ACT Meeting

- December 3rd 10 – 11:30 am
- We will continue this meeting series in 2021