Healthy People & Healthy New Jersey 2030

- Healthy People 2030 is the fifth edition of Healthy People, a national framework to improve the health and well being of people in the United States.

- State public health bodies create state-level initiatives inspired by Healthy People with state-specific objectives.

- Healthy New Jersey 2030 is currently being developed in accordance with Public Health Accreditation Board (PHAB) requirements.

- NJDOH’s 2030 goals are to collaborate with community and local stakeholders, and focus on 4 core topic areas; Access to Quality Care, Healthy Communities, Healthy Families, and Healthy Living.
**Timeline – Past and Future**

**June 2017:** NJDOH achieved PHAB accreditation

**PHAB Requirements:**
- STANDARD 1.1 Participate in or lead a collaborative process resulting in a comprehensive State Health Assessment.
- STANDARD 5.2 Develop and implement State Health Improvement strategies collaboratively.

**Mid-Decade goal**
- 2025 SHIP

**2022 Next steps**
- 16 action plans reviewed and approved by Advisory Council and DOH senior staff
- Measurable objectives developed and targets set
- Action plans will serve as the basis for implementation
- Data dashboard to track objective status

**December 2016:** First meeting of DHHS Secretary’s Advisory Committee for HP2030

**November 2017:** HNJ2030 planning began, guided by PHAB requirements

**September 2019:** First meeting of HNJ Advisory Council
- Topic areas finalized and presented
- Refined topic areas, gathered community input

**Today**
- HNJ2030 team is made up of:
  - Advisory Council
  - Coordinating Committee
  - 16 Action Teams – one for each priority area

**Implementation begins**
- Completion of HNJ2020 = Next state health assessment

**Mid-Decade goal**
- 2025 SHIP
New Approach to Healthy New Jersey 2030

Structure

- Advisory Council
- Coordinating Committee
- 16 Action Teams across 4 topic areas
  - Access to Quality Care
  - Healthy Families
  - Healthy Communities
  - Healthy Living

Approach

- Multisectoral collaboration led by external experts
- Prevention and equity lenses focus on root causes of health conditions
- Community engagement and alignment with CH(N)As and CHIPs
- Coordinating committee representing all of DOH
- Other states’ approaches will be examined and incorporated
- Health improvement planning is central to the project

Deep dive on core topics to follow
**Priority Areas**

Detail: 16 Priority areas within core topics each have an action team.

<table>
<thead>
<tr>
<th>Topics</th>
<th>Access to Quality Care</th>
<th>Healthy Families</th>
<th>Healthy Communities</th>
<th>Healthy Living</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>• Equitable and sustainable access to care</td>
<td>• Maternal &amp; infant health</td>
<td>• Services and programs</td>
<td>• Behavioral health</td>
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<td></td>
<td>• Quality &amp; safety</td>
<td>• Domestic violence</td>
<td>• Planning and development</td>
<td>• Healthy eating &amp; active living</td>
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<td>• Health care integration &amp; coordination</td>
<td>• Family-friendly policies</td>
<td>• Environmental health</td>
<td>• Injury &amp; violence</td>
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<td>• Health IT</td>
<td>• Childhood vaccination</td>
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<td>• Clinical preventive services</td>
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<td>• STDs</td>
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Priority areas take a prevention and equity approach and are designed to target upstream root causes of common health conditions in New Jersey.
Development Phase is underway to advance priority areas prior to implementation

<table>
<thead>
<tr>
<th>Gather information</th>
<th>Develop strategies</th>
<th>Draft action plans</th>
<th>Review and set targets</th>
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<tbody>
<tr>
<td>Each Action Team is reviewing or has reviewed data, 2020 SHIP, CHAs/CHIPs, Community Conversations, other related plans (e.g., Nurture NJ, Driving Toward Zero Deaths NJ, Adverse Childhood Experiences Action Plan)</td>
<td>Action Teams develop strategies to achieve their team’s goals, including action steps, responsible parties, timeline, etc.</td>
<td>Drafts will be reviewed by Advisory Council members (using a rubric) as well as teams representing Equity, Resilience, and Policy</td>
<td>Senior staff will also review the drafts</td>
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<td><strong>Examples:</strong></td>
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<td>Objective metrics to measure success of the plans will be established and targets will be set</td>
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<td>Maternal and Infant Health Action Team is using 2020 SHIP to guide their thinking on strategies and initiatives</td>
<td>Healthy Eating and Active Living Action Team has surpassed deadlines, with strategies in place</td>
<td>STDs Action Team has drafted action plan and shared with the HNJ2030 team</td>
<td>Coordinating Committee and Center for Health Statistics will support each Action Team</td>
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Senior staff can provide input for relevant priority areas and Action Teams
Case Study: Promoting Healthy Eating & Active Living

Context

One of the goals of the “Healthy Living” topic area

Contains 9 sub-strategies, each with specific action steps and evidence-based rationale for inclusion

Strategies target 3 core areas:

- Access to food, e.g., WIC, senior meal programs, food pantries
- Education for target populations
- Promoting healthy activities in a variety of settings, e.g., worksite wellness programs

Approach

- Group of 14 stakeholders from the DOH and external organizations has met bi-weekly since March 2022
- Team gathered relevant research to calibrate strategies, e.g., study of successful initiatives in food pantries
- Identified organizations that would hold responsibility, e.g., the DDS and Trust for Public Land for sub-strategy around improving access to physical activity settings

Success to date

- Coordinated across teams and departments to lay out the foundation for holistic strategies
- Pulled strategies from learnings in previous initiatives (e.g., 2020 SHIP) and incorporated new information
- Team members have worked on earlier phases of the current project and in previous years’ iterations, which is helping to keep momentum going
Future steps

Horizon 1 – Next steps

Coordinating Committee:

- Gather all draft action plans
- Identify Action Teams that need further support
- Track progress of objectives on a data dashboard

Senior Staff*:

- Review and refine action plans with Advisory Council -- Summer 2022
- Begin implementation of plans in 2023

* Program team members on Action Teams and on Coordinating Committee in appendix